Georgia 0'Keeffe Inspirational at the Peabody Essex

Cambridge writer Anita Harris felt inspired by the Georgia O'keeffe show at the Peabody Essex Museum in Salem, MA—which exhibits the work of a groundbreaking artist who lived and worked into her late 90s, and whose work remains impactful, today.

Wearables & Robots: Can Digital Innovation Transform Health Care? Part II

Health Science writer Anita Harris reports on digital innovations aimed at transforming a troubled US health care system. In this blog, part II of a series, she describes wearables, robots, monitors, and several startups with IT to improve and cut costs of long term and health caredelivery systems.

Women's March Photos,

Cambridge 2018

Writer Anita Harris enjoyed the spirit and creativity exhibited at the 2018 Women's March in Cambridge, MA. Here, she shares some of her favorite signs.

Free chocolate tasting Sat Jan 27: Harvard Square!

Anita Harris is looking forward to her second Harvard Square chocolate tasting, tho she has qualms about sharing the info as last year she stood in the chocolate line for quite some time. It was worth the wait, though, she says.

Can Digital Innovation Transform Health Care? Part I

At a recent MIT/Sloan Management School conference on Health Systems Innovation, MIT-Sloan Professor Retzef Levi laid out problems besetting a troubled US health care system. He emphasizing the need to "sow seeds now" for a "visionary, futuristic system" to reduce future illness—and health care costs. The conference featured experts from health, science, business and industrial fields who described promising technologies and roadblocks to change. Part I in this series of blogs describes some current and potential uses of

artificial intelligence and machine learning—including IBM's Watson. Part II lays out potential solutions in health care delivery and long term care. Part III focuses on issues and efforts in behavioral and population health—and roadblocks to change.